

Blessed John Duckett Dinner Menu

From 15th April 2024



Child's name.....

Please circle 1 main option for each day of the 3-week cycle
Return by **Friday 22nd March 2024.**

Weekly Menu 1

Monday	Tuesday	Wednesday	Thursday	Friday
Chicken Curry with 50% Wholegrain & 50% White Rice	Beef Meatballs with Spaghetti	Roast Chicken Dinner, Stuffing & Gravy	Ham Pizza	Fish Fingers with Omega 3
Quorn Sausages	Cheese Whirl	Roast Quorn Dinner, Stuffing & Gravy	Margherita Pizza	Quorn Burger in a Bun
Jacket Potato with Cheese & Beans	Tuna Sandwich	Cheese Sandwich	Jacket Potato with Tuna	Cheese Sandwich
Crunchie Biscuit with Fruit	Mandarin Muffins	Jelly with Fruit	Chocolate Cake & Custard	Ice Cream Roll

Weekly Menu 2

Monday	Tuesday	Wednesday	Thursday	Friday
Margherita Pizza	Pork Sausage Hot Dog	Minced Beef Pie & Gravy	Beef Lasagne	Battered Fish Fillet
Tomato Pasta and Garlic Bread	Cheese & Onion Pie	Macaroni Cheese	Ploughman's Lunch (Boiled egg, Cheese, Lettuce, Cucumber, Apple and Crusty Bread)	Quorn Sausage
Jacket Potato with Cheese & Beans	Tuna Sandwich	Cheese Sandwich	Jacket Potato with Tuna	Cheese Sandwich
Iced Lemon Sponge	Vanilla Sponge & Custard	Cornflake Cake & Custard	Apricot Flapjack	Carrot and Orange Muffin

Weekly Menu 3

Monday	Tuesday	Wednesday	Thursday	Friday
Beef Burger in a Bun	Chicken Korma with 50% Wholegrain & 50% White Rice	Roast Pork Dinner, Stuffing & Gravy	Pasta Bolognese with Crusty Bread	Battered Fish Burger
Vegetable Pasta Bake	Pizza Whirl	Vegan Sausage Roll	Cheese Pasty	Quorn Chicken Nuggets
Jacket Potato with Cheese & Beans	Tuna Sandwich	Cheese Sandwich	Jacket Potato with Tuna	Cheese Sandwich
Vanilla Shortbread & Fruit Wedges	Gingerbread Person with Fruit	Chocolate Crunch	Banana Cake & Custard	Chocolate Ice Cream Roll

Available Daily:

Fresh Salads, Bread, Yoghurt, Fresh Fruit & Water

Special dietary needs catered for on request and for allergen information please speak to a member of the catering team